

WSA REC SOCCER

Fall 2025 Soccer Developmental Clinics

Program Emphasis:

- Personal Development
- Ball Mastery
- Motor Skill, Agility & Coordination Development
- Independent Decision Making
- Small sided team play
- Fun – Enjoyment

Player Responsibilities:

VERY IMPORTANT

- ✓ Bring an inflated soccer ball – no ball, no skills
- ✓ Bring soccer shoes and shin guards – **SAFETY**
 - We will not let a child participate if we feel it is unsafe
- ✓ Be on Time & Bring water
- ✓ Good Attitude
- ✓ Pick up your garbage
- ✓ Have Fun

Parents:

- Please drop off and pick up children **on the field, on time**
- Parents are welcome to observe all sessions
- Stay off training area – Observe from perimeter of field at least 15 yards back
- For Cancellation Notification Please follow instructions on last page.
- Coaches are free for questions before and after sessions
 - **Not during sessions!**



www.kydessoccer.com



www.westportsoccer.org

WSA REC SOCCER

Fall 2025 Soccer Developmental Clinics

PROGRAM CURRICULUM K-2ND Grade

Week 1

Emphasis: Fun, motor skills development, different foot contacts, cognitive

Week 2

Emphasis: Fun, motor skills development, use of inside/outside of foot, cognitive

Week 3

Emphasis: Fun, running with the ball, cognitive

Week 4

Emphasis: Fun, running with the ball, teamwork, cognitive

Week 5

Emphasis: Fun, agility & coordination, cognitive, Transition

Week 6

Emphasis: Fun, 1 vs. 1, 2 vs 2, teamwork & communication, cognitive

Week 7

Emphasis: Fun, motor skills, cognitive

Week 8

Emphasis: Fun, teamwork, cognitive

GAME EMPHASIS:

1. Small Sided Scrimmages
2. **Everybody is involved and running**
3. Communication – Verbal & Visual
4. Decision Making – Think-Think-Think
5. **FUN**

WSA REC SOCCER

Fall 2025 Soccer Developmental Clinics

PROGRAM CURRICULUM 3rd – 8th Grade

Week 1

Emphasis: Fun, motor skills development, different foot contacts, cognitive

Week 2

Emphasis: Fun, motor skills development, use of inside/outside of foot, cognitive

Week 3

Emphasis: Fun, throw-ins, passing, cognitive

Week 4

Emphasis: Fun, agility & coordination, cognitive

Week 5

Emphasis: Fun, agility & coordination, cognitive, Transition

Week 6

Emphasis: Fun, 1 vs. 1, 2 vs 2, teamwork & communication, cognitive

Week 7

Emphasis: Fun, teamwork, spacing, cognitive

Week 8

Emphasis: Fun, teamwork, cognitive

GAME EMPHASIS:

1. Small Sided Scrimmages
2. **Team Shape and Balance**
3. Communication – Verbal & Visual
4. Decision Making – Think-Think-Think
5. **FUN**